

## THIRD PHASE - PROJECT REPORT

### Translation and Dissemination of "Called to Care Manual No.8"



<b>Reporting Period</b>	<b>October 2016 - March 2017</b>
<b>Project No.</b>	<b>143-001-1058 KH</b>
<b>Funded By</b>	<b>MISEREOR</b>
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<p><b>Organization Background</b></p>	<p>Youth Activists Initiative Organization (YAIO) is a registered youth owned organization under the Trustees Incorporation Act, social welfare and the department of youth.</p> <p><b>Mission</b> To research, address and share information on issues that affect and threaten the lives of Malawians more especially the young people.</p> <p><b>Objectives</b></p> <ul style="list-style-type: none"> <li>• To promote young people’s talents and skills</li> <li>• To bridge the gap between parents and children</li> <li>• To create dialogue amongst young people and the community at large</li> <li>• To lobby and advocate for human rights.</li> </ul> <p><b>Motto</b> “Developing Creative Minds”</p> <p><b>Priority Areas</b></p> <ul style="list-style-type: none"> <li>• Education</li> <li>• Human rights,</li> <li>• Health</li> <li>• Climate change</li> <li>• Entrepreneurship</li> <li>• Life serving skills</li> </ul> <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• Advocacy and research</li> <li>• Open forums</li> <li>• Radio programs</li> <li>• Career guidance sessions</li> <li>• Peer education trainings</li> </ul>
<p><b>Project Background</b></p>	<p>Youth Activists Initiative Organization (YAIO), a Blantyre based youth organization, in partnership with Strategies for Hope Trust with funding from MISEREOR is implementing a project called <b>“Translation and Dissemination of “Called to Care Manual No.8.”</b> The “Translation and Dissemination of “Called to Care Manual No.8.” project came after YAIO implemented <b>“Lesson for Life - Called to Care“</b>, the project designed to help in and out of school youth regardless of their gender; race or ethnic groups by offering them an enjoyable way to learn about improving their self-esteem; building good relationships; making smart decisions; living a healthy lifestyle and resisting peer pressure. Additional attention is given to good communication skills; equal rights of girls and boys; avoiding bad habits such as substance abuse and sexual behaviors that</p>

	<p>lead to HIV infection. On the other hand, the project also targets opinion leaders that include; care groups, religious, parents, guardians and other people playing a parenting role.</p> <p>Through the “Called to Care - Lesson For Life project”, YAIO has been using <b>Called to Care Handbook No. 8- “My Life – Starting Now”</b> which is user-friendly designed for use with religious institutions, youth groups and communities at different levels of awareness; experience in relation to Life planning and development of skills; as well as knowledge of HIV/ AIDS prevention and care.</p>
<b>Objective of the Project</b>	<ul style="list-style-type: none"> <li>• To improve understanding of the handbook content through translation of English to Chichewa edition.</li> <li>• To enable participants (children and parents) to understand the challenges they face and how to deal with them.</li> <li>• To help build young people’s self-esteem, which will help them feel confident and able to overcome obstacles and challenges in their lives.</li> <li>• To help young people make good decisions, like saying “NO” to sex or to the misuse of drugs and alcohol.</li> <li>• To provide knowledge and skills which parents need to guide them in supporting their children to grow responsibly</li> </ul>
<b>Activity details (Summary of activities implemented during the 3<sup>rd</sup> Phase)</b>	<ol style="list-style-type: none"> <li>1. Monthly Field visits</li> <li>2. Quarterly Review meetings</li> <li>3. Training of trainers</li> <li>4. Book Distribution</li> </ol>
	<p><b>1. Monthly Field visits</b></p> <ul style="list-style-type: none"> <li>• During the period, the project expanded to Thyolo and Mulanje where YAIO distributed Moyo Wanga – Kuyambira Pano handbooks.</li> <li>• The organization also conducted meetings with the District Education Office and Chilomoni Education Zone office where it responded to the need to expand the project to schools and five schools from the Zone were selected namely; Sigerege, Mayera, Yolodani, Namatete and Namiwawa primary schools.</li> <li>• 110 Moyo – Wanga – Kuyambira Pano handbooks distributed to participating schools</li> </ul>

	<p><b>2. Quarterly Review meetings</b></p> <p>Two (2) Quarterly meetings were conducted during the 3<sup>rd</sup> Phase (on the 21<sup>st</sup> December 2016 &amp; 15<sup>th</sup> March 2017). The meetings provided a platform for stakeholders including; Community Based Organizations, youth organizations, government, faith based organizations and local citizens to share progress, review actions and determine gaps for corrections. Lessons and learning generated during these meetings help facilitate vibrant decision making for better project results. Selected beneficiaries actively participated.</p>
	<p><b>3. Training of trainers</b></p> <ul style="list-style-type: none"> <li>• 10 Trainings of 20 participants each were conducted in Blantyre, Thyolo and Mulanje districts.</li> <li>• 200 people trained (108 males &amp; 92 females).</li> <li>• 245 Moyo – Wanga – Kuyambira Pano handbooks distributed</li> <li>• 138 organizations participated in the training workshops</li> </ul>

#### Detail of Training Schedule

District	Venue/Location	Date	No. of participants		No. of Handbooks
			Males	Females	
Thyolo	Malamulo Youth Centre	6 <sup>th</sup> - 7 <sup>th</sup> December, 2016	9	11	40
Blantyre	Chilomoni Teachers Development Centre	9 <sup>th</sup> - 10 <sup>th</sup> December, 2016	7	13	20
Blantyre	Machinjiri- Mwai Mbwanda CBO	28 <sup>th</sup> - 29 <sup>th</sup> December, 2016	11	9	20
Blantyre	Mpemba Telecentre	12 <sup>th</sup> - 13 <sup>th</sup> January, 2017	12	8	25
Thyolo	Njale Catholic Primary School	16 <sup>th</sup> – 17 <sup>th</sup> January, 2017	16	4	25
Blantyre	Mayamiko CBCC /Kachere	24 <sup>th</sup> - 25 <sup>th</sup> January, 2017	8	12	25
Mulanje	Njedza Catholic Primary School	1 <sup>st</sup> – 2 <sup>nd</sup> February, 2017	11	9	20
Blantyre	Mulunguzi Primary School	3 <sup>rd</sup> – 4 <sup>th</sup> February, 2017	8	12	25
Blantyre	Nancholi/ Nancholi Youth Organization Conference Room	9 <sup>th</sup> – 11 <sup>th</sup> February, 2017	12	8	20
Blantyre	Makheta- Chinupule Village	10 <sup>th</sup> – 11 <sup>th</sup> February, 2017	14	6	25
<b>Total</b>			<b>108</b>	<b>92</b>	<b>245</b>

#### 4. Book Distribution

- 1320 Moyo – Wanga – Kuyambira Pano handbooks distributed during the 3<sup>rd</sup> Phase.

#### Book Distribution Chart

No	Name of Organization	No. of Handbooks
1	Trainings	245
2	HIV/AIDS Research Dissemination Conference	200
3	Schools	110
4	Beehive – Mother Theresa Child Care Centre	100
5	FOCOLD	100
6	Phalombe Youth Arms	100
7	Youth Empowerment and Civic Education	100
8	Blantyre District Youth Office (Urban & Rural)	100
9	Fountain of Hope	50
10	Malamulo Youth Centre	40
11	Network for Youth Development	40
12	Mulanje District Youth Office	40
13	Njale Catholic School	40
14	Inspiration Korner	20
15	Mpingo Youth	15
16	Chitsanzo Youth Support Organization	10
17	Ukhondo Services	10
<b>Total Handbooks Distributed</b>		<b>1320</b>

#### Lessons learnt, observations

#### Monthly Field Visits

- Learners are open during sessions making it easy for the project team to work with them.
- Young people are happy with the handbooks and the contents in it.
- The demand for the handbooks is high as many organizations and schools are interested in using the handbooks.
- The learners are willing to use the books during free time but they still needed guidance from YAIO so that they can understand the issues better.

### **Quarterly Review Meetings**

- Conduct more field monitoring visits
- Work with different organizations
- Work with more schools
- Need to distribute more handbooks to rural areas
- Need to print more books

### **Training of Trainers**

- Most people didn't know who a child and youth is and more importantly didn't know how to work and interact with them.
- The trainings opened the eyes of many as they now have the important information and relevant learning materials they can always refer to any time.
- Participants do not even know their roles and responsibilities in raising children.
- There are less or no specific structures supporting young people and children
- The training helped participants to become more comfortable on different issues affecting children and young people.
- Most people seemed to have had a lot of stories to share when it came to issues concerning sexual and reproductive health, HIV including making good decisions but never knew where to start.

### **Book Distribution**

- The books they received will actually bridge the information gap as it will be used as a tool in addressing some of the challenges at the same time teaching others in their communities.
- People in many communities are starved from different developmental activities such as health and education services leading to increasing cases of immoral misbehaviors among young people, as such the books provide the much needed information to help young people become productive.

	<ul style="list-style-type: none"> <li>• The demand for the handbooks is high as many organizations are interested in using the handbooks.</li> </ul>
<b>Partnership and Networking</b>	<p>YAIO collaborated with different partners (organizations) during the 3<sup>rd</sup> phase of the project namely: Malamulo Youth Centre, Thyolo District Education Office, Blantyre District Education Office, Chilomoni Education Zone Office, Mulanje District Youth Office, Network for Youth Development, Phalombe Youth Arms, Njale Primary School, Mother Theresa Child Care Centre, Nangafuwe Youth Club, Mayera Primary school, Namatete Primary school, Namiwawa Primary school, Sigerege Primary school, Yolodani Primary school, Mpingo Youth Club, Blantyre District Youth Office, Blantyre City Council, Mkwaso Newspaper and Nation Publication.</p>
<b>Challenges</b>	<ul style="list-style-type: none"> <li>• Long distances to some institutions as most of them are in hard to reach areas.</li> <li>• Heavy rains affected the facilitator's mobility.</li> </ul>
<b>Way forward / Recommendations</b>	<ul style="list-style-type: none"> <li>• To monitor how the trained people are using the materials in their respective organizations.</li> <li>• To mobilize resources for more trainings.</li> <li>• To reach out to many district in the country.</li> <li>• Printing of more handbooks.</li> <li>• To conduct frequent field visits</li> <li>• To expand the project to many schools</li> </ul>